



SIDES
 RICE
 POTATOES
 VEGETABLES

*Soups (\$4.25 Lg)
 (\$3.25 Sm)*

#1-Chicken Orzo
 #2-Cream of Turkey
 #3-Escarol, Beans & Chkn Sausage

<p><u>#1 Cod Fish \$14.95</u> Honey garlic sauce, Served w/ 2 sides</p>	<p><u>#2 Chunky Monkey Smoothies \$6</u> Banana & Peanut butter. Add 75¢ (Almond Milk - Coconut Milk - Oat Milk - 2% Milk - Whole Milk - OJ) \$1 (Ground Flax seed - Chia seed - B12 - Multi vitamin - \$2Protein - \$2Collagen)</p>	<p><u>#3- Beef Stew \$13.95</u> w/ Eggplant, Served w/ 1 side</p>
<p><u>#4 Blackend Chicken \$12.95</u> Served w/ 2 sides</p>	<p><u>#5- Rotisserie Chicken \$12.95</u> 1/2 Chicken , Served w/ 2 sides</p>	<p><u>#6 Chicken Shawermah \$13.95</u> Served w/ 2 rice and salad</p>
<p><u>#7 Baked Potato \$3.5</u> Served w/ butter and sour cream (add \$1.25 for bacon, \$1 cheddar cheese, \$1 Broccoli, \$3 Shrimp, \$2 Chicken)</p>	<p><u>#8 Mexican Burger</u> (Jack Cheese, Tomato, Grilled Onions & Mexican sauce) \$6.50</p>	<p><u>#9 Pizza Special \$7.5</u> Personal Pie Buffalo Chicken</p>
<p><u>#10 Eggplant Parm \$8.95</u> our famous seasoned eggplant, marinara sauce melted mozzarella cheese on hero</p>	<p><u>#11 Roast Beef hero</u> Swiss cheese, Cole Slaw, Lettuce, Tomato & Honey Mustard On hero \$8.95</p>	<p><u>#12 Gyro Platter \$12.95</u> Beef or Chicken, Served w/ Rice, lettuce, tomato, onion, Peppers, Carrots, Cucumber sauce & Pita bread.</p>
<p><u>#13 California Salad</u> Grilled chicken, Fresh Mozzarella, Roasted Peppers, Lettuce, Tomato, Cucumber & Sliced Egg \$12.95</p>	<p><u>#14 Italian Hero \$8.95</u> Ham, Salami, Provolone, lettuce, tomato, onions, oil & Vinegar on Italian hero</p>	<p><u>#15 Combo Panini \$8.95</u> Pastrami, Corned beef, Swiss Cheese, Russian Dressing and Cole Slaw on European Flatbread</p>
<p><u>#16 Chicken fingers</u> White strips of chicken fried in 0 trans fat oil w/ fries and honey mustard \$9.75</p>	<p><u>#17 Chicken Salad</u> Chicken salad w/ mayonnaise on whole wheat toast w/ lettuce & tomato \$8.45</p>	<p><u>Desserts \$3.95</u> Chocolate Cake</p>