



ProntoCafe.com

973-424-9500

Tuesday

SIDES

POTATOES (Mashed, Roasted)

RICE

SEASONAL VEGETABLES

Soups (\$4.25 Lg)  
(\$3.25 Sm)

#1-Chicken Orzo

#2-Cream of Turkey

#3-Escarol & Beans

#1 Cod Fish Dinner

Cream cayenne butter sauce, Served with two sides \$12.95

#2 Chicken Bruschetta \$10.95

chicken breast topped with mozzarella cheese and our fresh tomato Bruschetta and drizzled with Balsamic Glaze, Served w/ 1 side

#3-Steak Teriyaki \$11.95

Served w/ 1 side

#4 Fish & Chips \$7.95

2 fried Whiting's, served over fries & tartar sauce

#5 Tortellini Pesto \$7.95

w/ chicken

#6 (1/2) Chicken \$10.95

Portuguese style, served w/ 2 sides

#7 Empanada \$7.50

Your Choice of 2 (Beef or Chicken) and 1 side

#8 Arizona Burger

(Swiss Cheese, Grilled Mushrooms, Grilled Onions & Mayo) \$6.25

#9 Pizza Special \$7.5

**Personal Pie  
Buffalo Chicken**

#10 Eggplant Parm \$7.95

our famous seasoned eggplant, marinara sauce melted mozzarella cheese on hero

#11 Roast Beef hero

Swiss cheese, Cole Slaw, Lettuce, Tomato & Honey Mustard On hero \$7.95

#12 Gyro Platter \$9.95

Beef or Chicken, Served w/ Rice, lettuce, tomato, onion, Peppers, Carrots, Cucumber sauce & Pita bread.

#13 California Salad

Grilled chicken, Fresh Mozzarella, Roasted Peppers, Lettuce, Tomato, Cucumber & Sliced Egg \$9.95

#14 Italian Hero \$8.50

Ham, Salami, Provolone, lettuce, tomato, onions, oil & Vinegar on Italian hero

#15 Combo Panini \$7.95

Pastrami, Corned beef, Swiss Cheese, Russian Dressing and Cole Slaw on European Flatbread

#16 Chicken fingers

White strips of chicken fried in 0 trans fat oil w/ fries and honey mustard \$9.75

#17 Chicken Salad

Chicken salad w/ mayonnaise on whole wheat toast w/ lettuce & tomato \$7.5

Desserts \$3.95

**Chocolate Cake**