



Cafe & Catering

48 Academy St.

Newark, NJ 07102

(Prudential Center Area)

Mon-Fri: 7am-4pm

Call: 973-424-9500

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email: info@prontoCafe.com

Free Delivery(\$10 min.)

Corporate Accounts Welcome

Catering For All Occasions

Daily Hot Food Special Menu

Available Through Fax On Demand

(A) Breakfast Sandwiches

*Choice of meat (Taylor ham, Turkey Sausage, Bacon
add \$1.00)*

(Beef Sausage-Steak add \$1.50)

- A1-Double Egg \$1.75
- A2-Double Egg & Meat \$3.25
- A3-Double Egg & Cheese \$2.50
- A4-Double Egg , Meat & Cheese \$3.95
- A5-Taylor Ham & Cheese \$3.25
- A6-Croissant \$1.95
- A7-Bagel with Butter \$1.25
- A8-Bagel with Cream Cheese \$1.95
- A9-Egg White on Wheat \$1.95
- A10-Cheese Omelet with Meat on Wrap \$3.95
- A11-Newark's Famous Oatmeal \$2.75
- A12-Gourmet Yogurt Muffin \$1.95
- A13-Yogurt \$1.25
- A14-Cinnamon Roll \$1.95
- A15-Danish (Apple turn over) \$1.95
- A16-Grilled Cheese w/Tomato \$2.50
- A17-BLT \$3.75

Choice of Bread (Rolls, White, Rye, Whole wheat)

Croissant or Wrap add 50¢

(B) Breakfast Platters

(Served with Home Fries & Toast)

- B1-Two Eggs any Style \$3.50
- B2-Two Eggs with Meat \$4.95

(c) Omelet Platters, Pancakes or French Toast

(Only Omelets served with Home Fries & Toast)

- C1-Plain Omelet \$3.75
- C2-Cheese Omelet. \$4.25
- C3-Cheese Omelet & Meat \$4.95
- C4-Western Omelet(Ham, Peppers & Onions) . \$5.25
- C5-Pancakes or French Toast \$3.50
- C6-Pancakes or French Toast with Meat. \$4.75
- C7-Pancakes or French Toast with Meat, Egg &
Cheese. \$5.95
- C8-Vegetarian Omelet. \$4.75

(D) New York Style Pizza (19")

Pizza (large 8 slices) \$12.00
Slice.....\$1.75 with 1 topping.....\$2.25 & up
Sicilian Pizza.....\$13.50 **Sicilian Slice**.....\$2.00
Deep Dish Pizza...\$14.00 **Deep Dish Slice**.....\$2.00

(E) Pizza Topping

Meatballs, Broccoli, Onion, Peppers, Fresh Garlic,
Sausage, Pepperoni, Eggplant, Spinach, Green
Peppers, Ham, Anchovies, Mushrooms, Olives,
Artichoke.....\$4.00 each & up

(F) Stromboli \$5.50

F1-Chicken, Roasted Pepper & Fresh Mozzarella
F2-Ham, Pepperoni & Fresh Mozzarella
F3-Vegetables & Fresh Mozzarella

(G) Calzones (3 Cheeses)

Plain with Mozzarella and Ricotta Cheese \$4.50
with extra stuffing add \$0.50 for Veggies
add \$1.00 for Meat
Stuffing: Ham, Sausage, Meatball, Mushrooms,
Broccoli, Spinach

(H) Gourmet Pizza

H1-White Supreme - Mozzarella, Ricotta, Broccoli,
Tomato, Fresh Garlic (no Sauce) \$15.75
H2-Margherita - Fresh Mozzarella, Tomato, Fresh
Basil, and Olive Oil (no Sauce) \$15.75
H3-Vegetarian - Broccoli, Peppers, Onion, Mushrooms,
and Fresh Tomato \$19.75
H4-Hawaiian - Ham, Pineapple and Ricotta \$19.75
H5-Eggplant Pesto - Grilled Eggplant, Garlic and Basil
Pesto Sauce \$17.75
H6-Grilled Chicken, Roasted Garlic,
Pepper and Onion \$18.75
H7-Cheese Steak w/ Cheddar, Pepper & Onion .. \$19.75

(I) Appetizers

I1-Chicken Fingers with Honey Mustard \$4.25
I2-French Fries \$1.75
I3-Buffalo wings with Blue Cheese \$4.25
I4-Fried Mozzarella with Tomato Sauce \$4.25
I5-Garlic Bread.....\$1.50 w/Cheese \$2.00
I6-Onion Rings \$2.25
I7-Jalapeno Poppers w/Ranch \$4.25
I8-Shrimp in a basket w/Tartar Sauce \$4.25
I9- Beef Patty \$1.75
I10- Garlic Knots \$1.00

(J) Fresh Salad \$6.25

J1-Cold Antipasto Salad - Ham, Salami, Provolone,
Roasted Peppers, Olives, Lettuce, Tomato, Cucumber
J2-Grilled Chicken Caesar - Fresh Romaine Lettuce,
Crouton, Parmesan Cheese & Caesar Dressing
J3-Fresh Mozzarella with Roasted Peppers, Olives
and Fresh Tomato
J4-California Salad - Grilled Chicken and Fresh Mozzarella,
Roasted Peppers, Lettuce, Tomato, Cucumber,
& Sliced Egg
J5-Tuna Salad - Lettuce, Tomato, Cucumber, Pepper
& Sliced Egg
J6-Shrimp Salad - Fresh Lettuce, Tomato, Cucumber,
Pepper & Sliced Egg
J7-Chef Salad - Turkey, Roast Beef, Ham, Swiss
Cheese, Lettuce, Tomato, Cucumber, Pepper &
Sliced Egg
J8-Greek Salad - Lettuce, Cucumber, Pepper, Tomato,
Red Onion, Feta Cheese, Olives & Grape Leaves
J9-Tossed Salad - Lettuce, Tomato, Cucumber,
Pepper & Carrots \$4.25
J10-Caesar Salad - Fresh Romaine Lettuce, Crouton,
Parmesan Cheese & Caesar Dressing \$4.25

(K) Create Your Own Salad \$4.25

(including 4 toppings)
Choose from over 30 toppings,
add 50¢ each vegetable topping, \$1.50 for Meat

(L) Soup Of The Day

Small	\$2.25	Large	\$3.05
Chicken Noodle		Vegetable	
Cream of Broccoli		Pasta Faggioli	
Cream of Lobster		Minestrone	
Cream of Turkey		Split Pea w/ Ham	
Cream of Mushroom		Lentil	
Cream of Potato		Beef Barley	

(M) Pasta

M1-Spaghetti Marinara	\$5.50
M2-Linguini Bolognese (Meat Sauce)	\$6.50
M3-Spaghetti with Meatballs or Sausage	\$6.50
M4-Linguini with Garlic and Oil	\$5.50
M5-Linguini W/Red or White Clam Sauce	\$6.50
M6-Cavatelli and Broccoli Garlic Oil	\$6.50

(N) Baked Dishes

N1-Baked Ziti	\$5.50
N2-Cheese Ravioli	\$5.50
N3-Lasagna	\$6.50
N4-Stuffed Shells or Manicotti	\$5.50

(O) Main Hot Dishes \$6.50

(Choice of Linguini or Ziti or Spaghetti)

- O1-Chicken Francaise - Lemon Butter and White Wine Sauce
- O2-Chicken Marsala - Sautéed with Mushrooms in Marsala wine Sauce
- O3-Chicken Piccata - Sautéed in Lemon Butter and Capers and White Wine Sauce
- O4-Chicken Parmigiana-Breaded Chicken Breast topped w/ Red Sauce & Mozzarella Cheese
- O5-Chicken Scampi - Sautéed in Garlic Butter and White Wine Sauce
- O6-Chicken Murphy - Sautéed with Mushrooms, Vinegar Peppers, Potatoes in White Wine Sauce

(P) Hot Sandwiches \$5.75

- P1-Meatball Parmigiana
- P2-Sausage Parmigiana
- P3-Eggplant Parmigiana
- P4-Chicken Parmigiana
- P5-Philly Cheese Steak w/ Pepper and Onion
- P6-Hot Roast Beef with Gravy
- P7-Tuna Melt on Rye
- P8-Turkey with Gravy
- P9-Corned Beef Reuben
- P10-Hot Pastrami and Swiss with Mustard on Rye
- P11-Beef Gyros with Cucumber Sauce - Lettuce, Tomato and Onion on Pita Bread
- P12-Chicken Gyros with Cucumber Sauce - Lettuce, Tomato and Onion on Pita Bread
- P13-Chicken Philly Cheese Steak with Pepper and Onion
- P14-Italian Sausage with Pepper, Onion and Potato
- P15-Salisbury Steak with Gravy on Roll
- P16-Beef Brisket with BBQ Sauce on Roll

(Q) Burgers (Beef or Turkey)

- Q1-Hamburger \$3.75 ... deluxe..\$5.25
- Q2-Cheese Burger \$4.25 ... deluxe..\$5.75
- Q3-Bacon Cheese Burger \$4.95 ... deluxe.. \$ 6.50
- Q4-Pizza Burger \$4.25 ... deluxe..\$5.75
- Q5-Veggie Burger \$3.95 ... deluxe..\$5.50
(deluxe comes with Lettuce , Tomato, French Fries)

(R) Wrap and Focaccia \$5.75

- R1-Grilled Chicken Caesar wrap
- R2-Grilled Chicken, Arugula, Roasted Peppers, Fresh Mozzarella in Balsamic Dressing Wrap
- R3-Cheese Steak with Fried Onion, Pepper and Mushrooms Wrap
- R4-Smoked Turkey, Provolone Cheese, Romaine Lettuce, Sun Dried Tomato, Honey Mustard Wrap
- R5-Genoa Salami, Fresh Mozzarella, Sun Dried Tomato, Lettuce Wrap
- R6-Roast Beef, Swiss Cheese, Bacon, Roasted Peppers, Lettuce, Mayonnaise Wrap
- R7-Grilled Chicken Provolone and Pesto Sauce Focaccia
- R8-Grilled Eggplant, Roasted Peppers and Fresh Mozzarella and Pesto Sauce Focaccia

- R9-Tuna Salad w/ Lettuce, Tomato in Wrap
- R10-Chicken Salad w/ Lettuce, Tomato in Wrap.
- R11-Egg Salad w/ Lettuce & Tomato \$3.75
- R12-Cheese with Lettuce & Tomato \$3.75

(s) Panini Zone \$5.75

- S1-Italian Panini**
Grilled Chicken, Roasted Pepper, Fresh Mozzarella, Oregano, Red Onion, Lettuce and Mustard on European Flatbread
- S2-Creole Panini**
Roast Beef, Lacey Swiss, Bacon, Lettuce, Tomato on European Flatbread
- S3-American Panini**
Boar's Head Ham, American Cheese, Bacon, Lettuce, Tomato and Mayo on European Flatbread
- S4-Combo Panini**
Pastrami, Corned beef, Swiss Cheese, Russian Dressing and Cole Slaw on European Flatbread
- S5-Cuban Panini**
Roast Pork, Ham, Swiss Cheese, Pickles and Mustard on European Flatbread
- S6-Soho Panini**
Lemon Herb Chicken, Swiss Cheese, Roasted Peper, Lettuce and Tomato on European Flatbread
- S7-Russian Panini**
Roast Beef, Muenster Cheese, Lettuce, Tomato, Onion, Russian Dressing on European Flatbread
- S8-Chicken Fajita**
Chicken Breast, Marinated Sauce, Basil, Fresh Mozzarella, Parmesan Cheese
- S9-Chicken Florentine**
Chicken Breast, Fresh Baby Spinach, Red Onion, Provolone, Mayo, Olive oil & Balsamic
- S10-Club Panini**
Smoked Turkey, Swiss, Bacon, Lettuce, Tomato & Mayo
- S11-Avocado Chicken**
Chicken breast, Bacon, Avocado, Tomato, Arugula, Olive oil & lemon Juice

**(T) Cold Sandwiches Specialty Subs
(Boar's Head) \$5.75**

- T1-Smoked Turkey, Swiss Cheese, Lettuce, Tomato and Honey Mustard
- T2-Turkey, Pepperoni, Cole Slaw, Lettuce, Tomato and Russian Dressing
- T3-Turkey & Ham, Provolone Cheese, Sun Dried Tomato, Lettuce & Honey Mustard
- T4-Honey Turkey, Fresh Mozzarella, Sun Dried Tomato & Balsamic Vinegar
- T5-Fresh Mozzarella, Roasted Peppers, Sun Dried Tomato, Olive Oil & Vinegar
- T6-Cajun Turkey Provolone Cheese, Roasted Peppers, Lettuce & Tomato
- T7-Roast Beef, Swiss Cheese, Cole Slaw , Lettuce, Tomato & Honey Mustard
- T8-Pastrami, Swiss Cheese, Cole Slaw & Russian Dressing

(u)Vegetarian \$5.50

- U1-Grilled Veggie Delight**
Zucchini, Yellow squash, Eggplant, Fresh Mozzarella, Roasted Pepper in Pesto Sauce
- U2-Veggie Burger Wrap**
California Veggie Burger with Lettuce, Tomato, Onion & Mayo
- U3-Falafel in Pita \$3.95**
Middle Eastern Falafel with Lettuce, Tomato, Onion & Tahini (Sesame) Sauce

(V) Seafood Dishes \$6.95

- Flounder Fillet – Tilapia – Salmon – Shrimp – Crab Cakes**
Served with Choice of (Scampi or Francaise or Piccata Sauce) over (Rice – Ziti – Spaghetti – Linguini)

(W) Dessert

- Chocolate Cake – Cheese Cake – Carrot Cake – Crumb Cake – Tiramisu – Jello – Rice Pudding**